



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2016

### Sporting Excellence in Karate

#### National Level

## Oliwia Mokrzycki

This is to certify that Oliwia Mokrzycki has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Oliwia competed at National Championships throughout England in 2016 winning the medals and titles listed below:-

### Championship Success - 2 Gold 3 Silver 4 Bronze

**Shindo Kai Junior Championships** - 13<sup>th</sup> March, Barnsley  
Silver - Team Kumite

**North of England Championships** - 23<sup>rd</sup> October, Sheffield  
Silver - Team Kumite  
Bronze - Individual Kumite

**Shindo Kai National Championships** - 20<sup>th</sup> November, Barnsley  
Gold - Individual Kata  
Silver - Team Kata  
Bronze - Individual Kumite  
Bronze - Team Kumite

**Tyne and Wear Open Championships** - 22<sup>nd</sup> November, Sunderland  
Gold - Individual Kata  
Bronze - Individual Kumite



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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## Oliwia Mokrzycki

Congratulations on your sporting achievements throughout 2016. Well done Oliwia.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy



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